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from:

The Rife Handbook
of Frequency Therapy and Holistic Health
an integrated approach for cancer and other diseases

5th Edition

second printing

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Nenah Sylver, PhD

The Rife Handbook of Frequency Therapy and Holistic Health

*an integrated approach
for cancer and other diseases*

UPDATED
EXPANDED
5TH
EDITION

*second
printing*

**You can obtain
the entire printed / bound Rife Handbook
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www.NenahSylver.com

Praise for *The Rife Handbook*

Natural therapies and healing have been ridiculed as quackery by the medical-pharmaceutical complex for a century. Yet consumers spend thirty billion out-of-pocket dollars a year on alternative therapies. Why? Not because people are gullible, but because many of these modalities work. Holistic health is complex. It addresses the entire body, all one hundred trillion cells. Supported by abundant research, Nenah Sylver does an amazing job explaining the plethora of options, techniques and technologies that will help readers make informed decisions about how to naturally support their health and innate healing power. Simply put, *The Rife Handbook* is an encyclopedia of holistic health. It's so comprehensive, it's mind boggling. This stellar body of work belongs in every household as well as every practitioner's office.

—Bernard Straile, DC
author of *One Thousand Shades of Pink*
and developer of the IMAET quantum energy wellness equipment

This book is incredibly well written and comprehensive, relevant to students and practitioners alike. Covering an array of topics in medicine and holistic health, it comes at a most crucial time in the burgeoning field of alternative and complementary health care. Having read scores of books on electromedicine, I count this book as my number one reference on the topic. I only wish I had the knowledge presented in these pages many years ago. As a scientist with over forty years of clinical and academic experience, I am mesmerized by Nenah Sylver's quality of writing and knowledge. She explains the most difficult topics clearly so anyone can understand and benefit from what she has to offer. Dr. Sylver is sure to inspire and educate those fortunate enough to hold a copy of her book in their hands. Without question, she will be included as one of the great minds of the 21st century. It is with great pride and honor that I recommend *The Rife Handbook* without hesitation to all physicians and students in the health field.

—John A. Amaro, PhD, DC, LAc, Dipl Med Ac
past president, International Academy of Medical Acupuncture
and developer, Electro Meridian Imaging (EMI)[™] acupuncture diagnostic instrument

In this 5th edition of *The Rife Handbook of Frequency Therapy and Holistic Health*—the definitive work on Rife, resonant frequency, pulsed energies, and related technologies for therapeutic use—Nenah Sylver has set an even higher bar of excellence. She has conveyed so much new and important information in an even more organized and cohesive manner, that this edition is a “must have” even if you enjoyed the previous volume.

Dr. Sylver's unique ability to translate complex information into accessible content, suitable for health professionals and laypersons alike, leave most hard-core technical persons (like myself) in total awe. Her attention to accurate historical detail as opposed to myth, and inclusion of new, cutting-edge complementary healing modalities, allows readers to strategize a practical and effective approach for their often serious health issues. This latest edition empowers the reader by providing a wealth of knowledge compiled, sorted, and refined over the last decade. It offers information that few have time to research for themselves when their health requires it the most. This book is an incredibly valuable resource that everyone needs. If you have but a single reference in your library on the science and practice of these technologies and therapies, *The Rife Handbook* should definitely be the one!

—Jimmie Holman
co-founder, Pulsed Technologies Research (USA)
and Bioenergetics & Pulsed Technologies (EU)

Traditional medicine, with its faulty paradigm and obsolete Neanderthal protocols, is already in a state of decline. In its wake, Integrative Medicine has begun to fill the void with bio-mechanical therapies, electromedicine, and more natural remedies to heal. Keeping up with the many advances is a monumental task.

The previous edition was a first-rate, comprehensive, extremely well organized and documented manual to help laypersons and physicians better understand the concepts of vibrational medicine and the power of complementary health protocols. As an author, researcher and international lecturer with over forty years of clinical experience, I was literally blown away by that masterpiece and gave it a definitive five-star rating. This revised 5th edition of *The Rife Handbook of Frequency Therapy and Holistic Health* is a perfect example of intelligent evolution. Dr. Nenah Sylver has compiled an even more comprehensive holistic bible. In an improved format, it provides frequencies to treat new diseases, plus expanded sections on the politics of medicine and vaccines, more breakthrough complementary therapies, historical electromedicine references, and other topics to help one survive the pitfalls of modern medicine. It's a must for everyone's reference library.

—Gerald H. Smith, DDS, DNM
past president, Holistic Dental Association

Dr. Nenah Sylver has brought together the sciences of bioelectronics and naturopathic health care in a truly integrated approach. *The Rife Handbook* is the bible of holistic medicine for the 21st century.

—Brian McInturff
*creator of the Consolidated Annotated Frequency List (CAFL),
www.electroherbalism.com*

Dr. Nenah Sylver has gifted humanity with a magnificent, comprehensive, thoroughly researched guide to holistic health as well as the science and application of the work of a great medical pioneer, Royal Raymond Rife. This book will help physicians expand their base of practical and theoretical knowledge. I highly recommend it for any clinical practice utilizing complementary and energy medicine therapies.

—Robert S. Ivker, DO
*co-founder and past president, American Board of Integrative Holistic Medicine (ABIHM)
and author of Sinus Survival*

At a time when health conscious individuals are concerned about drug-resistant infectious diseases, the government's push for mass inoculations, the over-medication of children, bioterrorism, and negative effects of vaccines and drugs, along comes a well researched, easy-to-read treatise that revives non-invasive and effective frequency therapy. *The Rife Handbook* is sophisticated enough for the seasoned health professional, yet thorough and understandable enough for the novice. This book does more than discuss the genius of Royal Raymond Rife; it superbly explains holistic approaches to treating disease. Even if the reader does not (yet) own a frequency device, this book is one of the best primers I have ever seen on holistic health. Anyone interested in alternative healing protocols must have this book.

—Rose Marie Williams, MA
Townsend Letter columnist, and natural health and environmental advocate

This 5th edition of *The Rife Handbook* is huge. Our definition of “handbook” must expand to include the book’s thousand-odd pages—making it a little unwieldy in the field, but absolutely worth keeping at the desk. It’s enormous in scope, but Nenah Sylver eases us into the text by explaining, in the Introduction, the premise under which she operates: “It became clear to me that I couldn’t just create a list of numbers [frequency settings] to go with the equipment . . . it wasn’t enough to receive frequency sessions; [people] had to actively eliminate the conditions that had allowed their illness to occur in the first place.” The end result is truly a comprehensive volume of healing.

Healing invariably makes us think of germs. But as Dr. Sylver writes, “As long as we perceive ourselves as helpless victims of germs, we’ll continue to rely on pharmaceuticals to help us get well.” A famous senior executive at GlaxoSmithKline (whom she quotes) once publicly admitted that over 90% of pharmaceuticals are only about 30%–50% effective (depending on the genetics of the person to whom they are administered). Dr. Sylver discusses the effectiveness and toxic effects of pharmaceuticals in depth. The political aspect of both pharmaceutical drugs and their marketing is also discussed and referenced extensively. The section on vaccination is to be particularly noted—the history, politics, science, and their incorporation into our own genetic material (a sort of biologic gene editing phenomenon). And that is only Chapter 1.

Other highlights made a particular impression as well. Dr. Sylver discusses the inventions of Royal Rife and the discoveries of other healers in this field of holistic medicine. The entire history, as recounted in this book, is sordid, and reflects very poorly on the medical establishment, including the American Medical Association. We are given a multitude of choices for healthy living—with the caveat that “one size fits all” does not work for either bathrobes or diets. I was especially drawn to the section on gratitude, toward both the animals and plants that provide us with our food. The Brix measurement of plant vitality was a brand new one to me. High Brix means more nourishment, and is measured by placing a drop of plant juice on a device called a refractometer and seeing how much the light is bent as it passes through the prism. There is also a very interesting discussion of wheat, and how it has become modified from the original 14-chromosome gluten-poor grain to the current 42-chromosome gluten-rich grain associated with multiple forms of illness known as “gluten intolerance.”

One of the appendices gives an excellent discussion of various electromagnetic frequency devices and magnetic therapy in general. Another appendix satisfies the research junkies among us, a list of published papers and books on electromedicine dating back to 1877. Plus, there are still all the chapter references, almost five hundred for Chapter 1 alone. Appendix E gives a tantalizing glimpse of current research on frequency treatment of cancer cells *in vitro*. And Appendix F lists commonly used chemicals, almost all of which are toxic to human life. There is so much more to this book that you need to read it for yourself and decide what your favorite portions are.

If you want to learn about Rife therapy or the context in which it is best used, this book is an excellent place to start. It is also an invaluable reference manual for complementary therapies and holistic living in general. The writing is superb. The information is well researched, logically presented, and accurate. “We cannot die in peace without living in love,” writes Nenah Sylver. The overall impression this book leaves is one of light and healing.

I am beyond impressed.

—Martha M. Grout, MD, MD(H)
Arizona Center for Advanced Medicine
Scottsdale, Arizona

Royal Rife developed equipment to apply frequencies. Since that time, various types of effective frequency devices have been produced. Hundreds of cancer patients have recovered without the benefit of surgery, chemotherapy, or radiation. Lyme disease, Multiple Sclerosis, rheumatoid arthritis, and many other conditions have yielded to frequency therapies. Non-professionals have produced many of these results. I have had the privilege of watching many people self-treat and enjoy improvements in their health.

An attorney with an autistic son reported that her child seldom slept more than three hours at a time; he would wake up in pain. The two of them were getting six hours or less of sleep a night. After the mother gave the boy one frequency session, he started sleeping consistently for ten hours, and his behavior improved. A prostate cancer patient had difficulty urinating and tried frequency therapy. Five days later, the urine flow was normal. A leukemia patient had a white blood cell count of 250,000. He decided to use frequencies that other leukemia patients had found useful. After six weeks, his white blood cell count was down to 16,000. A patient with pulmonary fibrosis made crinkling sounds in his lungs as he breathed. He was told that his prognosis was hopeless, that his oxygen saturation would continue to decrease until not even inhaling oxygen would keep him alive. After frequency therapy he coughed up a lot of material, after which his lung sounds and oxygen saturation returned to normal. Several people with degenerative hip conditions have used frequency therapies. So far, all have recovered. It appears that when the infections in the joints are removed, the body is able to repair the damage. And yet, most physicians have never heard of Rife's work.

The Rife Handbook of Frequency Therapy is a book that doctors and their patients can use to learn about this safe, effective and non-toxic therapy for cancer and so many other conditions. Dr. Sylver presents a fascinating account of the life of Dr. Rife and his accomplishments. She describes how his discoveries were, and continue to be, ignored or opposed. She explains why you may not get the best available care when you seek medical help. She covers in detail helpful steps to take in moving toward wellness, including how to get quality water and how to detoxify the body. She covers what you need to know to conduct a frequency therapy session. She lists a large number of conditions with appropriate frequencies. And she offers a wide range of complementary therapies that are natural, effective, and easy to use for a wide variety of ailments. Dr. Sylver has spent years studying how people get sick and how they can get well. She presents a wealth of valuable material that will be beneficial to all kinds of practitioners including doctors, and to those on the road to recovering their own health.

—Richard Loyd, PhD
practitioner, *Health Balances*
Graham, Washington, United States
and coordinator of the Rife International Health Conference, www.RifeConference.com

Nenah Sylver's direct style is a prophetic voice for the medicine of the future. She provides a well-organized history of Rife's work and a seminal guidebook for the modern application of his discoveries. This significant volume will encourage lively and informed discussion regarding the implications of bio-electromagnetic energies for human wellness.

—Joel P. Carmichael, DC, DACBSP
president, *North American Academy of Energy Medicine*
author of *What Should I Eat? A Food-Endowed Prescription For Well Being, 2nd Edition*
and *Nutrition For Endurance: Finding Another Gear*

Dr. Nenah Sylver's 2001 edition offered an impressive collection of long-suppressed information to help people break away from the self-serving deceptions employed by conventional allopathic medical care and the pharmaceutical industry. With this new volume, Dr. Sylver demonstrates her mastery of this complicated field with massive amounts of hands-on information that you must learn if you are to finally be well. She courageously demonstrates how each of us has the power to take charge of our own lives and create our own wellness protocols, without abdicating responsibility to anyone else. *The Rife Handbook* is destined to become the definitive reference on attaining self-directed, holistic health.

—S. Nathan Berger, DDS, PC
Rife researcher and biological dentist

It doesn't happen very often, but occasionally I read a massive book on natural health and healing that just plain blows me away. Dr. Nenah Sylver's huge and impressive *Rife Handbook* is more than merely the best and most complete compendium on frequency healing that I've ever seen. In addition to a massive cross-referenced frequency directory for most human ailments, this wonderful book also features detailed, helpful, and groundbreaking information on complementary therapies—and much, much more.

—Chet Day
Health & Beyond Online, www.chetday.com

As an AAMA Board Certified Alternative Medicine Practitioner, I have many fine modalities from which to choose. I recently experienced a health issue that failed to be helped by either conventional allopathic medicine or even alternative medicine treatments. However, after a Rife frequency square wave treatment protocol was applied, this health issue was completely resolved.

Rife technology, until now, has been largely questioned by both alternative medicine and allopathic practitioners for efficacy and disease resolution. But *The Rife Handbook* will dispel your doubts. It is the recommended work for practitioners who need to understand how and why this therapy works, and who want to utilize frequency therapies in conjunction with current preferred interventions to help their patients heal. Nenah Sylver's definitive interpretation of frequency therapy identifies applications, indications, contraindications, safety, and specific treatments along with directions specifying "how, when, and what frequency" for therapy sessions. The detail with which the author examines treatment modalities is remarkable; she presents a variety of protocols to resolve most health issues. It is rare that I read another's views of various alternative medicine therapies that exude such succinct clarity and comprehension as hers. Dr. Sylver has a remarkable grasp of what works, how it works, and on whom it may be effective.

This well-referenced treatise provides treatment options when progress falls short, or when there appears to be an impassable plateau in the way of optimal recovery.

—Bill Misner, MS, PhD
AAMA Board Certified Alternative Medicine Practitioner

When Nenah Sylver published the first edition of *The Rife Handbook* in 2002, it received excellent reviews as the best book in the field. This new version is substantially updated and improved, reflecting many of the advances in frequency therapies that have occurred in over a decade. Frequency therapy, properly applied, may well replace every other modality. Frequencies can alter DNA, kill or enhance cells, affect all chemical interactions, break up toxic substances and cause them to be eliminated from the body, kill pathogens that disrupt bodily function, and enhance and stimulate all cells and organ systems to higher levels of performance.

There are superbugs and bioengineered diseases out there that might make it to your neighborhood. Will your local medical clinic help you when thousands of people are dying from a strange disease? Don't count on it! If you want to live long and prosper, learn about frequency therapy. Dr. Sylver spends a lot of time in her book to help you use frequencies safely. Even if you just want to make life a little better for your family and friends, you will want to read *The Rife Handbook*.

—Jeff Sutherland, PhD
co-principle investigator of research grants, National Cancer Institute
assistant professor, Department of Radiology, University of Colorado School of Medicine
co-founder, Center for Vitamins and Cancer Research
Frequency Foundation, Boston, Massachusetts, United States

We work in the area of complementary and holistic cancer healing education and recommend Rife therapy to all our clients. *The Rife Handbook* is a bible in our office, an invaluable tool toward the healing of dozens of cancer victors. Nenah Sylver's research is thorough and detailed. The book sits on a prominent place on my shelf next to every frequently used manual in my practice.

—Ellyn Hilliard, CNC, PhD
former co-owner of Twelve Ways Healing Center in Colorado, US
and author of *Cancer Healing Victories*

Royal Raymond Rife discovered one of the most groundbreaking medical tools of the last hundred years. Due to political and financial interests, his discoveries were driven underground. But today, people suffering from cancer and other diseases can base their treatment on authentic science instead of politics. A scientist in the true definition of the word, Dr. Sylver methodically guides readers through Rife's life and achievements, with a history of the technology and the scientific foundation for its use. She also provides practical tips that can be easily integrated into a comprehensive protocol for a wide variety of health conditions. Nenah Sylver is the "researcher's researcher"; I habitually turn to her work as a trusted reference. I recommend *The Rife Handbook* without reservation to every health seeker, patient, physician, and scientist who values objectivity and innovation in medicine and wants guidance on complementary healing modalities.

—Bryan Rosner
author of *Lyme Disease and Rife Machines*,
The Top 10 Lyme Disease Treatments,
and *Freedom From Lyme Disease*

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an integrated approach for cancer and other diseases

Updated and Expanded 5th Edition

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Nenah Sylver, PhD

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You must use the contact form at www.NenahSylver.com, as the author is unlikely to respond initially to phone calls. To request an interview, private consultation, group class, educational seminar, the author's participation at a conference or on a panel, or to submit products or equipment for testing, please use the contact form.

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The Rife Handbook of Frequency Therapy and Holistic Health: an integrated approach for cancer and other diseases.
Updated and Expanded 5th Edition

The first softcover edition of this book (with a different title) was published in 2001 by The Center for Frequency. Two larger, revised hardcover editions, almost identical, containing substantially new material, improved organization and an index, were published in 2009 and 2011 by Desert Gate Productions LLC.

An updated and expanded 5th edition (with 1104 pages, almost 400 more pages than the 2011 volume) was published in 2018 by Desert Gate Productions LLC.

In this second printing of *The Rife Handbook 5th Edition*, copyright 2021, a few errors have been corrected and some updates and newer material have been added to the text. The page count remains the same.

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Cover design by Duane Burchett and Nenah Sylver.
Index by Nenah Sylver.

Cover Images, Back.

Top: Bipolar nerve cell, as seen through the Ergonom microscope.

Middle: Cross section of a bone 3.5 mm thick, as seen through the Ergonom microscope.

Bottom: Cell division, as seen through the Ergonom microscope.

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This book is dedicated

to all peoples everywhere—

black
brown
red
white
yellow

who seek
clean food
pure water
dependable shelter
right livelihood
and radiant health

who want to be
acknowledged in community
respected for their humanity
and honored for their divinity.

May they find the
dignity
joy
peace
and love

that is their birthright

and may they always have
freedom
to choose the course of their own lives.

Disclaimer

The information given in this *Handbook* is for educational, informational, and investigational purposes only. It is not to be construed as diagnosis of disease, treatment of disease, prevention of disease, or as a replacement for consulting a qualified medical practitioner.

Be careful when investigating this technology! Protocols may need to be modified, or used with only certain types of equipment and not others—or this technology may be contraindicated entirely—if you have a heart condition, are wearing a pacemaker or autodefibrillator, are pregnant, are nursing, have blood clots, are taking strong medications such as chemo, are taking herbal or nutritional supplements, have a medical need to suppress your immune function (such as organ transplant recipients who are taking immunosuppressive

drugs), are wearing metal implants or stents, have breast implants, are especially sensitive to radio frequency (RF) or other electromagnetic radiation, or have especially sluggish detox/eliminative functions (liver, colon, kidneys, and lymph system). Before using any equipment, and to see if you should even be experimenting with this technology, please read the beginning of Chapter 4, which explains these circumstances and the precautions to take. The author, publisher, distributors, and sellers of this book are not responsible or liable for the results of your experimentation with Rife Therapy or your use of any other protocols described in this book. The reader accepts full responsibility for any and all consequences of trying or using these modalities. *If you have a medical condition, see a qualified health professional of your choice.*

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Detailed chapter outlines, containing up to four levels of headings and subheadings exactly as they appear in the text, are at the beginning of each individual chapter.



Nearly all people die of their medicines, and not of their illnesses.

—MOLIÈRE, FRENCH WRITER (1622–1673)



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The Politics of Medicine and the Nature of Health

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*Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to
petrified opinion never yet broke a chain or freed a human soul.*

—MARK TWAIN, AMERICAN WRITER, CRITIC AND HUMORIST (1835–1910)



Chapter 2 Outline

The History of Pleomorphism and the Inventions of Royal Raymond Rife

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)



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Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—BENJAMIN RUSH, A SIGNER OF THE DECLARATION OF INDEPENDENCE



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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

— HIPPOCRATES, “FATHER OF MEDICINE” GREEK PHYSICIAN (460–400 BC)



Chapter 5 Outline Frequency Directory

This outline does *not* include single, stand-alone entries, which are in alphabetical order.

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*Slowly an apprehension of the intimate, usable power of God is
growing among us, and a growing recognition of the only worthwhile
application of that power—in the improvement of the world.*

—CHARLOTTE PERKINS GILMAN,

AMERICAN WRITER, POET, LECTURER, SOCIAL CRITIC AND ACTIVIST (1860–1935)



Chapter 6 Outline

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Note: Not every pathogen and disease in Chapter 5 (the Frequency Directory) is included here, because Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5 and a few important health conditions listed in subheadings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

Also note: A huge number of valuable books and research papers were used in the writing of this book. Space limitations made it impossible to list all the prominent authors and their publications. Therefore, the individuals listed here are limited to historical figures involved with Royal Rife, influential people in the modern Rife community who were quoted rather extensively, and selected scientists involved with medical research. No slight is intended of those who were omitted. You can always find these people and their work in the Endnotes and in References.

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About The Author



Writer, educator, artist and musician, Nenah Sylver has devoted her life to the exploration of healing on mental, emotional, physical, and spiritual levels. Her early training in music led to subsequent studies in spirituality and physics—all complementary paths to her lifelong passion, the science of frequency.

Starting as a young adult, Nenah worked for two decades as a singer-songwriter, playing piano and guitar. Her performances include New York City coffeehouses and clubs, and colleges nationwide. She wrote lyrics and music for two off-off-Broadway plays and won half a dozen songwriting awards. She also performed for Hospital Audiences, Inc., an organization that brings music to adults and children in hospitals, residential treatment centers, prisons, nursing homes, and educational facilities.

In 1996, Dr. Sylver received her PhD from the Union Institute & University in Transformational Psychology, a multi-disciplinary program of holistic health, psychology, and gender studies. For fifteen years, she had a private practice in body-mind psychotherapy based on the principles of psychiatrist and natural scientist Wilhelm Reich. Then, in what began as a quest for solutions to her own health issues, Nenah started researching Royal Rife and his inventions along with other electromedical therapies. Her extensive knowledge of safe and effective holistic protocols eventually coalesced into five editions of *The Rife Handbook*.

Among other publications, Dr. Sylver's writing credits in the areas of psychology, feminism, health and social change include *The New Internationalist*, *Off Our Backs*, *Beiträge zum Werk von Wilhelm Reich* ("Contributions to the Work of Wilhelm Reich"), and the anthologies *Journeys of the Heart: Perspectives on Intimacy in America* (Brunner-Mazel), *Glibquips: Funny Words by Funny Women* (Crossing Press), *Closer To Home: Bisexuality and Feminism* (Seal Press), *An Introduction to Women's Studies* (Simon & Schuster), *Transforming a Rape Culture* (Milkweed

Editions), *Women, Culture, and Society: Readings in Women's Studies* (Simon & Schuster), *Bullying: Beyond the Schoolyard* (Teatro V!da), and *Energy Medicine Technologies* (Inner Traditions). Her volume of poetry, *Birthing*, was published by Woman in the Moon Publications. She has been cited in *Utne Reader* and *The New Yorker*. In addition, she published a short story in an anthology, *Woman in the Window* (STARbooks Press), which she also illustrated with original water color paintings.

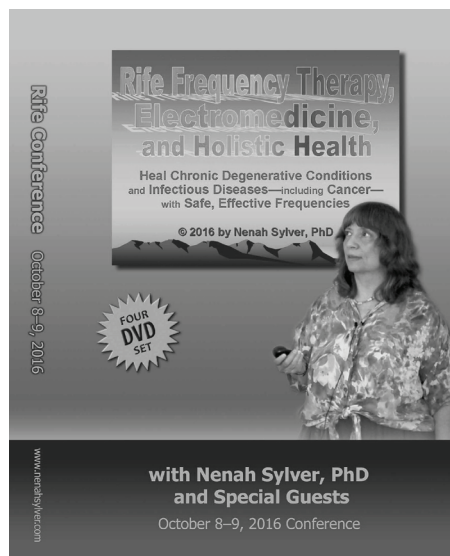
In the past few decades, Nenah Sylver has become well known for her writing in the health field. In addition to articles in *Natural Living Today* and *Natural Food & Farming*, "Toxic Products, Deceptive Labels" appeared in *Nexus*. Dr. Sylver's comprehensive book, *The Holistic Handbook of Sauna Therapy*, was published in 2004. In 2008, the two-part article "Healing with Electromedicine and Sound Therapies" (which was excerpted from Appendix C of *The Rife Handbook*) appeared in *Townsend Letter*. Portions of *The Rife Handbook* have been translated into German, Korean, and Polish.

The author has appeared on NBC-TV and on the Pacifica radio station WBAI-FM in New York City to discuss lifestyle choices. In other radio interviews she has talked about holistic health, complementary therapies, medical politics, electromedicine, and alternatives to toxic chemicals in the home. In 2016, she sponsored a conference in Tempe, Arizona, called "Rife Frequency Therapy, Electromedicine and Holistic Health," at which she presented for over six hours.

In addition to being a featured speaker at conferences, Nenah Sylver conducts educational seminars for small and large groups. Her latest project is the professional recording of three albums of original songs, on which she sings and plays piano, guitar, and bass. The expected release dates are throughout 2022. She lives with her human and canine family near Phoenix, Arizona in the United States.

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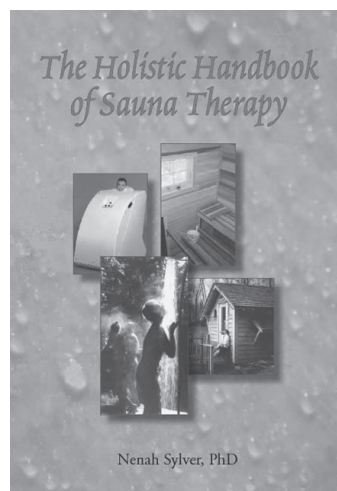
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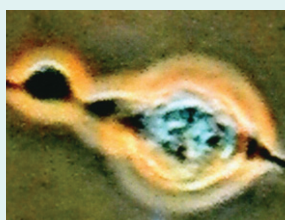
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Just two decades ago, Rife Therapy was virtually unknown. Gradually, hundreds of thousands of health seekers—from Germany to England, Indonesia to Australia, South Africa to the United States—began purchasing “rife” machines for themselves, their families, friends, and pets. This safe and effective technology, which delivers frequencies for healing via electrodes or an electromagnetic field, has been successfully used for cancer, neurological disorders, Lyme disease, gastrointestinal and respiratory ailments, childhood illnesses, and dozens of infectious diseases and degenerative conditions.

Despite the best efforts of organized medicine and the pharmaceutical industry to suppress this healing modality, Rife Therapy is finally emerging into public awareness. Tired of conventional medicine’s consistent failures to produce cures, people are making Rife Therapy part of their lives in ways they could never have imagined.

Previous versions of this book sold in over thirty countries. This updated and expanded 5th edition has been completely rewritten, reorganized and expanded, with almost 350 more pages in an easier-to-read format. It contains new information on self-administered natural therapies (including clay, activated charcoal, castor oil, and homeopathy), expanded sections on the dangers of electropollution and vaccines, and suggestions for safe substitutes for many of the drugs and poisonous chemicals we have in our homes. There is also updated advice on how to use frequency machines and other electromedical instruments for healing, along with listings of new diseases and frequencies that disable microbes and restore cellular vitality.

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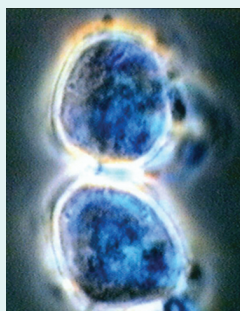


This is an invaluable resource, not only for scientists and health professionals, but also for individuals who want to know more about technologies and adjunctive health therapies. . . . A better name might be “the bible of electromagnetic devices and complementary medicine made accessible to everyone.” . . . Nenah Sylver is an outstanding writer . . . I urge you to use this book as a guide and a reference.

—Steve Haltiwanger, MD, CCN
lecturer, researcher, and consultant in
psychiatry, Rife Therapy,
electromedicine, and nutrition

An invaluable reference manual for complementary therapies and holistic living in general. The writing is superb. The information is well researched, logically presented, and accurate. . . . I am beyond impressed.

—Martha M. Grout, MD, MD(H)
Arizona Center for Advanced Medicine
Scottsdale, Arizona

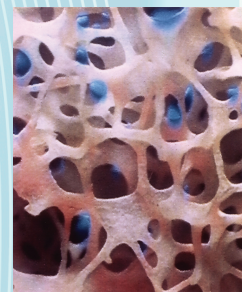


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—Jimmie Holman, co-founder
Pulsed Technologies Research (USA)
and Bioenergetics & Pulsed Technologies (EU)

The Rife Handbook is an encyclopedia of holistic health. It’s so comprehensive, it’s mind boggling. . . . Nenah Sylver does an amazing job . . . This stellar body of work belongs in every household as well as every practitioner’s office.

—Bernard Straile, DC
developer of the IMAET quantum energy wellness equipment



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