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Nearly all people die of their medicines, and not of their illnesses.

—MOLIÈRE, FRENCH WRITER (1622–1673)



Chapter 1 Outline

The Politics of Medicine and the Nature of Health

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*Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to
petrified opinion never yet broke a chain or freed a human soul.*
—MARK TWAIN, AMERICAN WRITER, CRITIC AND HUMORIST (1835–1910)



Chapter 2 Outline

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)



Chapter 3 Outline Complementary Therapies

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Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—BENJAMIN RUSH, A SIGNER OF THE DECLARATION OF INDEPENDENCE



Chapter 4 Outline **All About Frequency Devices and Rife Sessions**

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- Q. I've seen diagrams in books and on the Internet on how to build a rife-style device. How hard could it be to build my own machine?364
- Q. These devices cost so much! The electrode units seem like ordinary frequency generators to me, with common metal cylinders used as electrodes. And some of these light tube units don't seem very sophisticated. Why do the manufacturers charge so much? Don't they care about people's health—and people's lives?364
- Q. I'm convinced that I need to purchase my own unit. But shouldn't I try to obtain a real rife machine? We know that some of his units at least had a good track record.365
- Q. Some rife units in the United States are approved by the FDA. Are these machines better than the ones that aren't approved?365

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- Q. If a temporary irregular heartbeat is one possible consequence of microbial die-off, how can this be distinguished from the medical condition known as arrhythmia? 371
- Q. I cannot rife as often as I need to, due to a Herxheimer response. How can I lessen or eliminate these detox reactions? 371
- Q. I have a serious wound that I want to treat. Is it okay to put an electrode directly on it? 372
- Q. With my electrode unit, do I have to feel the current in order to know that the machine is working? 372
- Q. I heard that the metal used for the electrodes may sometimes get into the body, and that certain metals are safer than others. Is this true? If so, what can I do to minimize harm? 373
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- Q. I'm doing many complementary therapies in addition to rife sessions. How do I know which therapy is really helping me? 373
- Q. My partner is ill, and uses a radiant machine daily. I am concerned about the effects of the frequencies when my children and I are in the room. Will we be negatively affected?..... 374
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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

— HIPPOCRATES, “FATHER OF MEDICINE” GREEK PHYSICIAN (460–400 BC)



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Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—CHARLOTTE PERKINS GILMAN,

AMERICAN WRITER, POET, LECTURER, SOCIAL CRITIC AND ACTIVIST (1860–1935)



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APPENDIX A

Resources

Most people live, whether physically, intellectually or morally, in a very restricted circle of their potential being. They make use of a very small portion of their possible consciousness, and of their soul's resources in general, much like a man who, out of his whole bodily organism, should get into a habit of using and moving only his little finger. Great emergencies and crises show us how much greater our vital resources are than we had supposed.

—WILLIAM JAMES, AMERICAN PHILOSOPHER,
PSYCHOLOGIST AND WRITER (1842–1910)

Unless otherwise specified, all addresses are in the United States.

Inclusion of the following products and services should not be construed as unconditional endorsement.

AIR PURIFICATION

Plant Air Purifier[®]
138 Maple Hill Drive
Kingston, New York 12401

contact: Jim Schaeffer
phone: 855-247-9900

website: www.plantairpurifier.com

Based on research of NASA scientist Dr. B.C. Wolverton, the Plant Air Purifier[®] uses a common houseplant to purify indoor air. System includes activated carbon (to attract particles from the air) and washed ceramic media to hold the plant. While microorganisms naturally living on plant roots consume harmful toxins and convert them into nutrients for the plant, a small built-in electric fan circulates air through the roots and into the room. System cleans up to 100 times more air than a regular plant, and requires only water and occasional plant food.

Royal Air LLC
PO Box 40
Chippewa Lake, Ohio 44215

contact: Steve Trikilis

phone: 330-775-3014

website: www.royalairpurifiers.com

The company's high-energy, low-heat plasma field generators produce super-oxygen without creating dangerous nitrogen compounds. All generators emit Aran[™]—a patented, super-charged form of ozone that emits many more singlet oxygen atoms than ordinary ozone. Aran[™] kills bacteria and fungi; removes dust, pollen and mold; produces beneficial negative ions without creating harmful electromagnetic radiation; and removes organic and some inorganic chemicals. Generators come in all sizes and powers for home and industrial needs. Home units cost about five cents to run for 24 continuous hours.



Legal Implications of Rife Sessions

*It is no measure of health to be well adjusted
to a profoundly sick society.*

—J. KRISHNAMURTI, PHILOSOPHER AND SCIENTIST (1895–1986)

Of all the questions that I have been asked about rife technology, one that involves the most explaining is why it is illegal, under many circumstances, for health care practitioners to provide rife sessions for their clients. Throughout this book, I have presented information that by now should have made the answer painfully clear. Unfortunately, what is legal isn't always honorable and fair, and vice-versa.

Nevertheless, we must operate within the law. This Appendix has been written for people who want to share rifeing with others. Understand, however, that I am not a lawyer and have no qualifications for giving legal advice! Before writing this portion, I consulted with an experienced attorney in order to provide you with some *general concepts*. Since legal matters can be very complex, and laws differ from place to place, I recommend that you do some research on your own and/or consult an attorney about the laws of the state in which you live. For those readers outside the United States, obviously this information may not apply to you; so please consult a legal expert in your own country or municipality.

For the past several years in the holistic health community, lots of information has circulated about how to conduct oneself doing business as an “alternative” healer. For instance, according to one source, if people who give rife sessions for a living make the disclaimer that they are not medical doctors and are not diagnosing, treating or prescribing for a disease, then it is legal to charge for these

services. It is also thought that if clients sign a disclaimer, this absolves the provider from liability.

Unfortunately, this information is just plain wrong. It's true that the language one uses is crucial to staying within the limits of the law. However, regardless of the language one uses, *it's against the law to provide rife sessions for other people for payment*. This is true whether you are a licensed physician, chiropractor or other health care provider, an unlicensed professional, or a layperson. Note that I'm referring to fee-based sessions.

If you are a layperson, you may offer sessions to other people for no charge. If you are a health practitioner, depending on the laws of your state, you might not even be allowed to offer sessions to other people *even if you don't charge a fee*.

A brief summary of America's legal system is pertinent here, so you can become more familiar with some very general concepts of how and why our legal system works the way it does.

America, which was colonized by the British, obtained its legal system from British law. British law sprang from what was called the “divine rights” of kings, who exercised absolute dominion over everyone else. Therefore, the legal system of the United States is derived from the decrees of royalty, and in some ways these principles have never really disappeared.

In Britain, there were two kinds of courts: the King's courts, which were referred to as courts of law, and the Church's courts, which were referred to as courts of



Healing with Electromedicine and Sound Therapies

The universe is wider than our views of it.

—HENRY DAVID THOREAU, AMERICAN NATURALIST AND AUTHOR (1817–1862)

INTRODUCTION

In the 1960s, counterculture hippies were urging us to give peace a chance (great advice). To expedite that process, it was helpful to have “good vibrations”—considered so important that the Beach Boys wrote a catchy song with this title. It was easy to tell who had good vibes and who didn’t. An optimistic, considerate person was considered “high frequency,” while a pessimistic, disagreeable individual was “low frequency.” Not surprisingly, everyone wanted to be around the folks who had good vibes.

Colloquialism aside, saying that someone is “high frequency” is based on legitimate science. Every molecule, cell, living body, and object is comprised of energy that manifests as physical matter. Some of that energy is detectible as frequencies that belong to one or more radiation bands in the electromagnetic spectrum. And these frequencies correspond to biochemical and biological processes in the body.

In the healing arts, there are different ways to affect matter. With conventional medical care, the chemical, functional, and/or structural change in organs, glands, and other tissues are created either through biochemical manipulation (drugs) or physical manipulation (such as surgery). With electromedicine therapies, healing is achieved by working with the electromagnetic radiation (emissions) and related energy fields that form, and are emitted by,

physical matter. Broadly speaking, electromedical devices produce and focus specific frequencies that can be in the form of electromagnetic fields, electrical current, magnetism, visible light, heat, or other energy.

Although electromedicine is widely used in Europe, it is less known in the United States. Few people in developed countries would question the use of the ubiquitous transcutaneous electrical nerve stimulation (TENS) unit, which emits small amounts of electrical current to manage pain. And magnets embedded in the insoles of shoes, also for pain management, are now a regular item in consumer catalogues. But electricity and magnetism are primarily used diagnostically in hospitals—such as with the standard electrocardiogram (EKG or ECG) to assess the health of the heart, and with magnetic resonance imaging (MRI) to show the inside of the body. Most medical professionals (and the lay public) are not inclined to take advantage of less popular electromedical devices because they do not understand how they work. And those who do use the equipment might talk about “frequencies” or “energy” without a full grasp of what these actually are or the science behind the technology.

Fortunately, receptivity to electromedicine is increasing. Health professionals are expanding their practice (and their success rate) with safe, holistic technologies. The general public is beginning to recognize and request electromedicine as an effective and valid treatment modality. In this



Selected Published Studies in Electromedicine

*Don't worry about people stealing an idea.
If it's original, you will have to ram it down their throats.*

—HOWARD AIKEN, AMERICAN COMPUTER PIONEER AND PHYSICIST (1900–1973)

There are thousands of articles in medical and scientific journals on the use of electromagnetic (EM) fields, electric fields, electrical current, static magnetic fields, pulsed magnetic fields, frequency-induced diathermy (heat), and more, to treat all kinds of conditions—ranging from bone fractures and muscle sprains to Parkinson's and cancer.

Of special significance is the mention of hyperthermia to treat cancer. During hyperthermia, most of the body or selected areas are safely subjected to high temperatures. The cancerous tissue is either killed directly by the high heat, or it becomes so permeable that only minute amounts of locally injected chemicals are needed to destroy it (thus avoiding the chemical poisoning of the entire system). The clinical use of hyperthermia is not new. The modality was routinely employed seven thousand years ago in Egypt, and it has been used by the Western medical community for about 200 years. Yet despite the article “Hyperthermia, still experimental, may win place in cancer therapy”—which appeared in a 1981 issue of the *Journal of the American Medical Association*—few people with cancer today are given the option of receiving heat treatments. Apparently, their doctors are ignorant of its simplicity, safety and effectiveness.

The articles listed below range from the 1960s to the present, beginning with the most recent (although studies on electromedical modalities have been in print for over a hundred years). In my very small sample, I include only those journal articles that are peer reviewed

and are (except for one) in English. I also focus on the therapeutic rather than harmful effects of various EM fields. For instance, documentation on the dangers of cell phone radiation was not included, as my purpose here is to cite articles examining the healing potential of selected frequency therapies. The majority of authors write about the practical applications of frequencies to treat disease conditions that include bone breaks, cancer, neurological degeneration, and infections. Other authors discuss how to evaluate or improve the equipment used to disseminate the therapies, while still others address the effects of different frequencies on specific biological functions, such as enzyme and immune cell production. In a few instances, I mention which frequencies were used in the clinical trials.

Worth noting is one 2009 paper, “Amplitude-modulated electromagnetic fields for the treatment of cancer: Discovery of tumor-specific frequencies and assessment of a novel therapeutic approach,” which discusses the application of Rife's technology without using his name or referring to his research or clinical trials. The abstract states in part: “Because *in vitro* studies suggest that low levels of electromagnetic fields may modify cancer cell growth, we hypothesized that systemic delivery of a combination of tumor-specific frequencies may have a therapeutic effect. We undertook this study to identify tumor-specific frequencies and test the feasibility of administering such frequencies to patients with advanced cancer. . . . Cancer-related frequencies appear to be



Rife Research in the United States

*Only a fool of a scientist would dismiss the evidence and reports in front of him
and substitute his own beliefs in their place.*

—PAUL KURTZ, PHD (BORN 1925)

PROFESSOR, AUTHOR, EDITOR, PUBLISHER, ALSO KNOWN AS THE “FATHER OF SECULAR HUMANISM”

In August 2009, scientific research was begun in Philadelphia, Pennsylvania, that involved the assistance of established (mainstream) medical personnel and actually included the name “Rife” in its title. Anthony G. Holland, PhD, a music professor known for his conducting, composing and performing, had learned of Rife therapy and recognized its value. With the cooperation of inventor-chiropractor James Bare, he made several presentations with a Bare-Rife plasma frequency device and secured the help of several scientists, including the director of a cancer lab who has a PhD in oncology from Johns Hopkins University.

Dr. Holland’s background in digital waveform synthesis and analysis, acoustics and physics—along with his interest in health and frequency therapy—made him ideal to organize and supervise the research team. The research, which is ongoing, is called “Plasma Emission Field Treatment,” or PEFT. Novobiotronics Inc., a non-profit corporation (www.novobiotronics.com), was formed to fund the studies showing the effects of the Bare-Rife device on cancer cells and pathogens. (The company calls the equipment a “Rife-Bare” device. Like some other rifiers, I put Bare’s name first because the machine is contemporary and was not designed by Rife.)

At the time this book was going to press, the researchers were still collecting data. They had not yet published the results of all the experiments, the identities of all the team members, or the frequencies and pulse rates used with the

cell cultures. Therefore, only some preliminary information can be reported now. But so far, the results are very promising: the Bare-Rife machine has proven capable of destroying, *in vitro*, pancreatic, ovarian and leukemia cancer cells, as well as slowing their growth. The earliest experiments on human pancreatic cancer cells caused dramatic changes in cell *morphology*, which is the size and shape of cells. These changes can cause cells to grow at a slower rate than normal (desirable in the case of cancer).

“The cancer cells,” Dr. Holland explained in an email sent July 13, 2011, “are grown in special plastic dishes . . . where they establish themselves and start to grow very rapidly, much the way a cancer tumor grows in the human body. . . . It’s very easy for the cancer researchers to simply count how many cancer cells were killed by the new treatment.”

Data from the leukemia cell experiment is shown on the next page. This particular test, under the auspices of Dr. Holland, was conducted over the course of four months from 2009–2010, at the Division of Surgical Research of Thomas Jefferson University Medical College, with a special prototype plasma device designed and built by Dr. James Bare. The data shows that certain types of cancer cells can be killed *in vitro* (graph, left) and simultaneously slowed in their growth rate (graph, right). The term “pulsed” in the charts refers to cells that were exposed to the Bare-Rife machine.



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A powerful agent is the right word. Whenever we come upon one of those intensely right words the resulting effect is physical as well as spiritual, and electrically prompt.

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Note: Not every microbe and disease in Chapter 5 (the Frequency Directory) is included here, as Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5, as well as many health conditions listed in sub-headings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

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